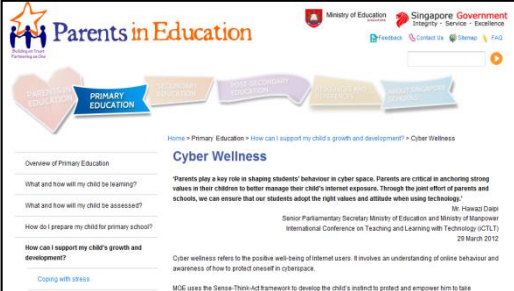



# USEFUL RESOURCES FOR PARENTS



# Useful Resources (Local)

Item	 <p>The screenshot shows the 'Parents in Education' website with a navigation menu and a featured article titled 'Cyber Wellness'. The article discusses the role of parents in shaping children's behavior in cyberspace and provides tips for parents to ensure their children's safety and well-being online.</p>	 <p>The screenshot shows the 'Cyber Wellness Portal' website, which is part of the Ministry of Education (MOE). It features a central graphic with 'CYBER WELLNESS PRINCIPLES' and a list of principles: 'Respect for self and others' and 'Safe and Responsible Use'. The page also includes a welcome message and information about the MOE's Cyber Wellness Framework.</p>
Details	<p><b><u>Parents in Education (PiE)</u></b></p> <p>Articles on parenting tips, educational news, information on the school curriculum, and resources for parents to support their children’s learning at home</p>	<p><b><u>Cyber Wellness Portal</u></b></p> <p>Portal which aims to educate students, parents and educators on ways to keep ourselves safe while we surf the web at home or at school</p>
From	Singapore	Singapore
Link	<a href="http://parents-in-education.moe.gov.sg/">http://parents-in-education.moe.gov.sg/</a>	<a href="http://ict.moe.edu.sg/cyberwellness/">http://ict.moe.edu.sg/cyberwellness/</a>



# Useful Resources (Local)

Apps

Educational Game



INTRODUCING...

**C-QUEST- A MOBILE APP GAME TO PROMOTE**

**CONVERSATIONS ABOUT CYBER WELLNESS BETWEEN**

**PARENTS AND CHILDREN**

**C-Quest** is specially designed to facilitate meaningful parent-child conversations on their online experiences and explore various cyber wellness issues in order to navigate cyber space skilfully and safely. Through the game, players will learn to be safe, respectful, and responsible users of Information and Communication Technology (ICT).



1. Go to Google Play or Apple App Store
2. Search "C-Quest" and download the app



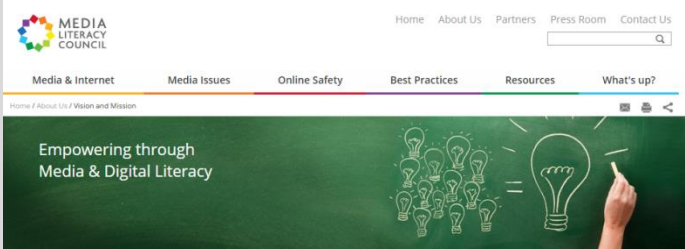
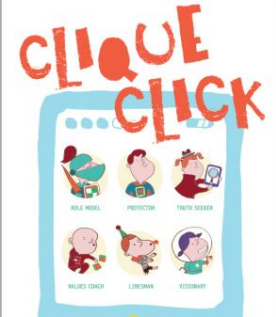
Ministry of Education  
SINGAPORE



Ministry of Education  
SINGAPORE



Educational Technology Division

# Useful Resources (Local)

Item		
Details	<p><b>Media Literacy Council (MLC)</b></p> <p>The MLC website develops public awareness and education programmes relating to media literacy and cyber wellness</p>	<p><b>“Cliques Click” Handbook</b></p> <p>A handbook for parents of young children which touches on topics such as the usage of parental control tools and becoming good role models for children.</p>
From	Singapore	Media Literacy Council, Singapore
Link	<a href="http://www.medialiteracycouncil.sg">http://www.medialiteracycouncil.sg</a>	<a href="#">PDF File</a>





# Useful Resources (International)

Item		
Details	<p><b>Parenting in the Digital Age</b></p> <p>A website to guide parents in helping their children stay safe, navigate the risks and enjoy their online lives</p>	<p><b>Family Online Safety Institute (FOSI)</b></p> <p>FOSI brings an international perspective to the potential risks, harm as well as rewards of our online lives. It encompasses public policy as well as good digital parenting</p>
From	United Kingdom	International
Link	<a href="http://Pitda.co.uk">Pitda.co.uk</a>	<a href="http://www.Fosi.org">www.Fosi.org</a>





# Useful Resources (International)

Item		
Details	<p><b>Cyber(smart:)</b></p> <p>A website designed to support and encourage participation in the digital economy by providing information and education which empowers children to be safe online</p>	<p><b><u>Safekids</u></b></p> <p>Website which shares advice and guides on internet safety. Managed by Larry Magrid, a technology journalist and Internet Safety advocate.</p>
From	Australia	United States
Link	<a href="http://www.cybersmart.gov.au">www.cybersmart.gov.au</a>	Safekids.com



# Useful Resources (International)

Item		
Details	<p><b>“Thinkuknow” website</b></p> <p>A website by the Child Exploitation and Online Protection Centre UK, it aims to “make online parenting simple” by providing parenting tips and advice on supporting your children online.</p>	<p><b>Vodafone Digital Parenting</b></p> <p>An e-magazine which is committed to giving parents the knowledge and support to help them and their families get the most out of technology, and deal with any challenges that might bring.</p>
From	United Kingdom	United Kingdom
Link	<a href="https://www.thinkuknow.co.uk/parents/">https://www.thinkuknow.co.uk/parents/</a>	<a href="http://vodafonedigitalparenting.co.uk">http://vodafonedigitalparenting.co.uk</a>

